



Canadian Council of Professional Psychology Programs
Conseil canadien des programmes de psychologie professionnelle

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Ms. Sioufi

We have been informed that la Fédération interuniversitaire des doctorants en psychologie is working to secure funding for Pre-Doctoral Internship Training in Psychology in Quebec. The Canadian Council of Professional Psychology Programs (CCPPP), which represents Canadian Doctoral and Internship Training Programs, fully supports the remuneration of internship positions across Canada,

The completion of a yearlong internship training experience is a requirement to complete a doctoral degree, which is now the entry level degree for Psychologists in Quebec. A paid stipend is a requirement for Internships to be Accredited with Canadian Psychological Association. The average stipend in Canada for these positions is currently \$31, 000 and internships outside of Quebec provide paid internship positions.

The 2015 data collected by CCPPP, for the past 5 years, indicated that unpaid internship positions are an issue of particular concern in Quebec. Across Canada, 99.6% of Psychology Doctoral students complete paid internships. In Quebec, however, approximately 82% of the students in English Universities are obtaining paid internships by accessing paid Internship Programs across Canada. Only 16% of students in Francophone universities complete paid internships.

Interns are students who are at the end of their training experience and have amassed a significant amount of supervised clinical experience. Psychological services in mental health (e.g. depression and anxiety), health psychology (e.g. oncology, diabetes, cardiac care), rehabilitation psychology (e.g. chronic pain management), and neuropsychology (e.g. brain injuries) have been found to reduce health inpatient stays, decrease in clinic appointments, and reduction in the use of emergency room visits. Under the supervision of registered psychologists, psychology interns provide additional clinical care at the host agencies, at a significantly lower cost, which ultimately provides additional services to marginalized patient groups and can further reduce health care costs.

We understand that decisions for funding of health care resources are complex. Issues that are relevant in different provinces vary. However, the importance of the internship training and its contribution to the host institutions is evident, Psychology interns provide additional clinical care at the host agencies, which provides additional services to marginalized patient groups and can further reduce health care costs



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